

# REBEL

## **ANOTHER WEEK OF FREE CLASS ON ZOOM**

We are having so much fun connecting with you on Zoom. **Classes are free for another week!** Woo! We have about 2-3 classes a day and just added more. Sign up on our website or on the MindBody app at least 30 mins before class. We'll email you the link before class begins.

Remember to:

- Make sure you have a valid email address linked to your account.
- Log in early with a full charge on your device.
- Have your props ready.
- Mute your mic in Zoom!

[CHECK OUT OUR SCHEDULE](#)

**RISE AND SHINE! 6am classes are back!**

## Guess who's back... back again...

**Rebecca DiMidio** is teaching a special Zoom class on Sunday, April 5. We're working on the details but we'll announce when registration is live! Rebecca is a Rebel vet. She's known and loved her for relaxing, inspiring, and awakening style. She is very special to the studio and we're honored she's teaching all the way from her new home in Florida.

## Tim on Instagram Live

Join Tim Fullerton for a pop-up donation Rebel Flow on Instagram Live this Thursday April 2, at 4:30pm. Wanna join in? Head to [our Instagram](#) when it's time for class. When our logo lights up as LIVE, tap it and you're in! You can donate to Tim (and all our teachers for their free classes) through [our Venmo account](#).

## Retail Therapy right on Instagram

Shop our luxury activewear right on Instagram. Head to [@rebel.active](#) and scroll through the feed. When you see something you love, tap the photo and select

the item. Check out right then and there! Happy shopping!

## GET IN TOUCH

Lastly, your suggestions, feedback, and tips are SO HELPFUL. If you have an idea, if something isn't working for you, if you know something we don't — give us a shout. Your input has helped us navigate this situation and serve you the best that we can. You can [email Sue](#) or even text her directly at 215-704-3362.

Thank you! See you on Zoom!  
Sue and the Rebel Team



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Note: We sent you this email because you signed up via our website or in our store. Thank you for being a loyal customer.

**Our mailing address is:**

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